



1st Sunday of Lent March 6, 2022

Introductory Rites

Gathering

Again We Keep This Solemn Fast

Again we keep this solemn fast
A gift of faith from ages past,
This Lent which bids us lovingly
To faith and hope and charity.

The law and prophets from of old
In figured ways this Lent foretold,
Which Christ, all ages' Lord and Guide,
In these last days has sanctified.

More sparing, therefore, let us make
The words we speak, the food we take,
Our sleep, our laughter, ev'ry sense;
Learn peace through holy penitence.

Let us avoid each harmful way
That lures the careless mind astray;
By watchful prayer our spirits free
From scheming of the Enemy.

We pray, O blessed Three in One,
Our God while endless ages run,
That this, our Lent of forty days,
May bring us growth and give you praise.

Penitential Rite

(M. Haugen)

Ky - ri - e e - le - i - son,

Chri - ste e - le - i - son, Ky - ri - e e -

le - i - son, e - le - i - son, e - le - i - son.

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Liturgy of the Word

First Reading

Dt 26: 4-10

Moses spoke to the people, saying:

“The priest shall receive the basket from you
and shall set it in front of the altar of the LORD, your God.
Then you shall declare before the Lord, your God,
‘My father was a wandering Aramean

who went down to Egypt with a small household
 and lived there as an alien.
 But there he became a nation
 great, strong, and numerous.
 When the Egyptians maltreated and oppressed us,
 imposing hard labor upon us,
 we cried to the LORD, the God of our fathers,
 and he heard our cry
 and saw our affliction, our toil, and our oppression.
 He brought us out of Egypt
 with his strong hand and outstretched arm,
 with terrifying power, with signs and wonders;
 and bringing us into this country,
 he gave us this land flowing with milk and honey.
 Therefore, I have now brought you the firstfruits
 of the products of the soil
 which you, O LORD, have given me.’
 And having set them before the LORD, your God,
 you shall bow down in his presence.”

Responsorial Psalm

Psalm 91

Be with me, Lord, when I am in trou-ble, be
 with me, Lord, I pray.

Verses

1. You who dwell in the shelter of the Lord, Most High,
who abide in the shadow of our God,
say to the Lord: “My refuge and fortress, the God in whom I trust.”
2. No evil shall befall you, no pain come near,
for the angels stand close by your side,
guarding you always and bearing you gently, watching over your life.
3. Those who cling to the Lord live secure in God’s love,
lifted high, those who trust in God’s name,
call on the Lord, who will never forsake you.
God will bring you salvation and joy.

Text: Psalm 91:1-2, 10-11, 14-15; Marty Haugen
Music: Marty Haugen
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Second Reading

Roman 10: 8-13

Brothers and sisters:

What does Scripture say?

*The word is near you,
in your mouth and in your heart*

—that is, the word of faith that we preach—,
for, if you confess with your mouth that Jesus is Lord
and believe in your heart that God raised him from the dead,
you will be saved.

For one believes with the heart and so is justified,
and one confesses with the mouth and so is saved.

For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek;
the same Lord is Lord of all,
enriching all who call upon him.

For “everyone who calls on the name of the Lord will be saved.”

Gospel Acclamation

Praise and hon - or to you, O Lord, O Lord.

Praise and hon - or to you, Lord Je - sus Christ.

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Gospel

Luke 4: 1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil.

He ate nothing during those days, and when they were over he was hungry.

The devil said to him,

“If you are the Son of God, command this stone to become bread.”

Jesus answered him,

“It is written, *One does not live on bread alone.*”

Then he took him up and showed him all the kingdoms of the world in a single instant.

The devil said to him,

“I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish.

All this will be yours, if you worship me.”

Jesus said to him in reply,

“It is written

*You shall worship the Lord, your God,
and him alone shall you serve.*”

Then he led him to Jerusalem,

made him stand on the parapet of the temple, and said to him,

“If you are the Son of God,

throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you,

and:

*With their hands they will support you,
lest you dash your foot against a stone.”*

Jesus said to him in reply,

“It also says,

You shall not put the Lord, your God, to the test.”

When the devil had finished every temptation,

he departed from him for a time.

Homily

Profession of Faith

Prayers of the Faithful (Rx: Lord, Hear Our Prayer)

Liturgy of the Eucharist

Presentation

Forty Days and Forty Nights



1. For - ty days and for - ty nights You were fast - ing in the wild;
2. Shall not we your sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;



1. For - ty days and for - ty nights Tempt - ed, and yet un - de - filed.
2. Fast - ing with un - ceas - ing prayer, Strong with you to suf - fer pain?
3. Vic - tor in the wil - der - ness, Grant we may not faint nor fail!
4. Round us, too, shall an - gels shine, Such as served you faith - ful - ly.
5. That with you we may ap - pear At th'e - ter - nal Eas - ter - tide.

Text: 77 77; George H. Smyttan, 1822–1870, alt.

Music: attr. to Martin Herbst, 1654–1681, alt.

Holy, Holy, Holy

Mass of Creation

4

Ho-ly, Ho-ly, Ho-ly Lord God of
 hosts. Heav-en and earth are full of your glo-ry.
 Ho-san-na in the high-est. Bless-ed is he who
 comes in the name of the Lord. Ho-san-na in the
 high-est. Ho-san-na in the high-est.

Text: ICEL, © 2010
 Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, 2010, GIA Publications, Inc.

Memorial Acclamation B

Mass of Creation

When we eat this Bread and drink this Cup, we pro-
 claim your Death, O Lord, un-til you come a-gain.

Text: ICEL, © 2010
 Music: *Mass of Creation*, Marty Haugen, © 2010, GIA Publications, Inc.

Great Amen

Mass of Creation

Musical notation for 'Great Amen' in 4/4 time, key of B-flat major. The melody consists of two staves. The lyrics are: A - men, a - men, a - men.

Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

Lord's Prayer

Sign of Peace

Lamb of God

Mass of Creation

Musical notation for 'Lamb of God' in 4/4 time, key of B-flat major. The melody is divided into three parts: Cantor, Assembly, and a final section. The lyrics are: Lamb of God, you take a-way the sins of the world, have mer - cy on us. world, grant us peace.

Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

Communion Song

Return to God

Refrain

Re - turn to God with all your heart, the source of grace and
mer-cy; come seek the ten - der faith-ful-ness of God.

The musical notation is for a single melodic line in treble clef, key of D major (one sharp), and 3/4 time. The refrain consists of two lines of music. The first line has eight measures, and the second line has eight measures, ending with a double bar line. The lyrics are written below the notes.

Verses

1. Now the time of grace has come,
the day of salvation;
come and learn now the way of our God.
2. I will take your heart of stone
and place a heart within you,
a heart of compassion and love.
3. If you break the chains of oppression,
if you set the pris'ner free;
if you share your bread with the hungry,
give protection to the lost;
give a shelter to the homeless,
clothe the naked in your midst,
then your light shall break forth like the dawn.

Text: Marty Haugen, b.1950
Tune: Marty Haugen, b.1950
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Blessing and Dismissal

Sending Forth

Change Our Hearts

Refrain



Change our hearts this time, your word says it can be. Change our
minds this time, your life could make us free. We are the peo-
- ple your call set a-part, Lord, this time change our
hearts. hearts. This time change our hearts. This time
change our minds. This time change our hearts, change our hearts.

Verse 1



1. Brought by your hand to the edge of our dreams, one foot in
1. par-a-dise, one in the waste; drawn by your prom-is-es,
1. still we are lured by the shad-ows and the chains we leave be-hind. But

to Refrain

Verses 2, 3



2. Now as we watch you stretch out your hands, of-f'ring a - bun - dan -
3. Show us the way that leads to your side, o - ver the moun-tains

2. ces, ___ full - ness of joy. Your milk and hon - ey seem dis - tant, un -
 3. ___ and sands of the soul. Be for us man - na, ___ wa - ter from

2. real, when we have bread and wa - ter in our hands. But
 3. stone, _____ light which says we nev - er walk a - lone. And

to Refrain

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