



From the Pastor's Desk,

*“So Jesus said to them, ‘I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.’” (John 6:35)*

The Eucharist, the Body and Blood of Christ that becomes physically present to us at Mass, is the source and summit of our faith.

This Sunday's reading underlines the importance of Christ's Body and Blood in our spiritual lives.

Jesus Christ is more than a person who gives us good advice, he is a *divine* person who invites us to join our souls with his risen and glorified Body – Christ offers us an unending share and participation in God's life of dynamic love.

Unlike the earthly manna, or bread, that God sent to the Israelites in the desert, Christ is of heavenly origin. As the Son of God, he is, will be, and has been from all time, without beginning or end.

Unlike earthly bread and drink that provide temporary relief from hunger and thirst, heavenly bread and drink provide spiritual nourishment and satisfaction that is imperishable.

Our affiliation with the divine life, in mutual love with God, is the true hope of all human life.

Jesus Christ, who is humanity's true and singular hope of entering into mutual and everlasting love in God's life, brings us more than a message from his Father. He brings us his divine self, as God Incarnate!

As the physical in-breaking of God into His creation to save humanity, the divine person of Jesus Christ is both the message of God's love and the answer to our life's purpose – to share and participate in God's life.

Jesus Christ, who is the Eucharist, is the means of our salvation and the goal of our journey – the source and the summit of our faith.

Those who worthily partake of the Eucharist are, through Christ's real presence, receiving the uncreated grace and glory of God, Who is the eternal Source and Fount of all authentic joy and fulfillment.

The Eucharist is nourishment that allows us to most closely grow and remain in Christ's life.

As a community, we receive the Eucharist to join ourselves into one Body in Christ, to manifest his kingdom and to draw ourselves and others into greater holiness – into a closer affiliation, or relationship, with God's life.

The community of God in Christ is the most meaningful and rewarding community of all.

Let us constantly rely on the Eucharist to nourish and support our journey to God, as we deepen our relationship with Christ, call others to join us, and always renew our efforts to do so.

- Fr. Brian Kean